



## SAFETY TIP OF THE MONTH

### HOLIDAY DRIVING SAFETY

It's time for the holidays, which means we'll be traveling to see loved ones, attending events, shopping, and much more. It's also National Impaired Driving Prevention month, so the Southern California Contractors Association wants to provide you with a few tips to keep you and your family safe this season!

Taking necessary precautions when behind the wheel could save you and others. Automobile accidents are the leading cause of death in our nation for people ages 1-54 years. So, stay alert, avoid distractions and don't drive impaired!

### HERE ARE SOME SAFETY TIPS:

- Buckle your seatbelt, and make sure your passengers fasten their belts.
- Avoid visual distractions like texts, or calls.
- Find the safest travel route (and the most well lit).
- Be mindful of your speed.
- Check the weather before departure.
- Practice supervised driving with teen drivers.
- Don't drive impaired! Take an Uber, Lyft, or have a designated driver.
- Read more about Uber & MADD's *Decide To Ride* campaign.



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